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## **Guide**

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He practices at the Japanese Acupuncture Center in Amsterdam, Holland since 1999 with Junko Ida. Junko Ida. Author: Japanese Acupuncture a Clinical Guide. Junko Ida is a graduate of the New England School of acupuncture and has studied for many years with the Toyohari Foundation of Japan.

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## **Japanese Acupuncture - The Journal of Chinese Medicine**

Japanese acupuncture, generally speaking, involves thinner needles and a shallower needle insertion, making a treatment more relaxing and less uncomfortable. It relies on moxibustion (heat therapy) as much as it does on acupuncture needles in treating people.

## **Acupuncture - Japanese Healing**

3.0 out of 5 stars Japanese Acupuncture 101 A Clinical Guide for Beginners. Reviewed in the United States on October 8, 2013. There is nothing "wrong" with this book. I realized the method was not for me. The book is well written with important information on the history of Japanese Acupuncture. Read more.

This book is a practical guide to tools, skills, and techniques common to all acupuncture practice with emphasis on those that are uniquely or creatively Japanese. It is clear, direct, and completely illustrated with high-resolution close-up photography. The instructions are simple and concise so that they may be easily applied to the practice of any acupuncture tradition. Features: \* Covers traditional needle techniques - filiform needling, supplementation and drainage, and needle with moxa, all with several

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approaches \* Moxibustion is covered in detail, as are instruments, intradermal needles, press tack needles and spheres \* Describes in detail highly specialised Japanese techniques such as shonishinpo (treatment techniques for children), Hiratazone therapy and Manaka wooden hammer and needle, as well as techniques such as cupping which are used throughout Asia \* Introduction covers modern Japanese training and practice, including a highly useful guide to root treatment \* Includes suggested treatment protocols for clinical application

Carl Wagner, DOM, Dipl.Ac. He started his education in Oriental Medicine at the age of forty-six and received his master of Oriental medicine degree from the International Institute of Chinese Medicine in 1994. He completed his National Boards and became licensed in New Mexico the same year. Concurrent with his last two years in school, Dr. Wagner apprenticed in the Kototama style, working daily in his teacher's clinic. Since his graduation over sixteen years ago, Carl has devoted himself to the study of Japanese Acupuncture. He trained in the Toyo Hari method with Koei Kurahara in 1999 and has been training with Masakazu Ikeda since 2002. He has studied with various other teachers including Shudo Denmei, Jake Fratkin, Miki Shima, Nigel Dawes, Stephen Brown, and Peter and Akiko Thompson. Dr. Wagner has twice attended the Annual Meridian Therapy Summer Seminar in Tokyo, Japan, and was a member of the first group of foreign students to attend in its forty-nine-year history. This annual event presents many of the most outstanding Meridian Therapy practitioners of Japan.



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The authors, who are among Japan's foremost teachers and clinicians, have compiled a work that provides a broad, accurate, and detailed foundation for students learning acupuncture or for clinicians who wish to improve their clinical results. This is an important and pivotal contribution to the acculturation of classical acupuncture in the West.

The text introduces Dr Manaka's major clinical and theoretical accomplishments by describing how the 'X-signal system' is the foundation of human topography, function, and response. In essence, the X-signal system defines qi, yin-yang, and the five phases as clinical events, rather than as abstract theories. The text gives Western readers the first complete description of this treatment system.

The author, one of the masters of the meridian therapy movement in Japan, has selected 160 of his favorite points. He describes how to use palpation to find the points and determine whether they are 'active.' He then identifies the particular conditions for which each point is best suited.

Kampo, a traditional Japanese medical system derived from Classical Chinese Medicine and comprising unique diagnostic methods, herbal formulas and

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therapeutic approaches, is made accessible to English-speaking practitioners through this definitive translation of Dr Keisetsu Otsuka's classic work. This clinical handbook summarizes diagnostic theory and methodology then leads onto a section including 80 principal formulas followed by a therapeutic section organised according to allopathic definitions of disease. It follows a systems approach in internal medicine beginning with respiratory and cardiovascular disorders, moving through a comprehensive analysis of all the body systems. Essential clinical information on how differential diagnosis and formula selection is achieved is outlined within the Kampo tradition. A comprehensive index of 120 major herbal formulas and 180 individual herbal ingredients is included, as is the translators' original Glossary of terms designed to clarify concepts of health and disease unique to Kampo and Japanese culture. The translators have taken care to retain Dr Otsuka's own thoughts and opinions on how to study Kampo, as well as demonstrative case studies from his own files, making this a direct source of his wisdom and teachings. Also including an overview of Kampo in the current age and guidance on integrating it into modern practice, this is an essential resource for anyone practicing or studying in this tradition.

From an internationally known expert in the teaching and practice of Fukushin, this is a unique book defining the therapeutic and diagnostic significance of the abdomen in East Asian medicine. Nigel Dawes provides a comprehensive description of the practical application of abdominal palpation in clinical settings, as well as offering hands-on descriptions of the

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precise methodology of the abdominal exam with supporting visual aids. Focusing on specific clinical application in the field of Kampo (Sino-Japanese Herbal Medicine), it allows for the subtleties of the Fukushin method to be disseminated in order to complement Traditional Chinese Medicine training. Highly visual and practical, Fukushin is the perfect guide for both Japanese and Chinese medicine students and practitioners looking to develop their toolbox of skills in abdominal palpation.

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